

## URINE CULTURE INSTRUCTIONS FOR SAMPLE COLLECTION

It must be done with the first urine in the morning, or otherwise emitted after 3 hours of retention.

### WOMEN

1. Prior to collecting the urine, wash the genital and anal region with water and a soap that has not been used before.
2. Rinse with plenty of water, letting it run from front to back, without drying.

### MEN

1. Retract the foreskin, wash the glans with water and a soap that has not been used before.
2. Rinse with plenty of water, without drying.
  - The sample must be collected directly in the sterile bottle. Collect only the middle part of urination without stopping the jet. It is not necessary to fill the bottle. The bottle should not touch the body.
  - Immediately after collection, cover the bottle correctly (screw cap), to avoid contamination of the sample.
  - Deliver the sample in the Clinical Laboratory from 7:30 a.m. to 6:00 p.m.

Important:

If it takes more than 30 minutes to deliver the sample in the laboratory, it must remain refrigerated in the refrigerator