

## INDICATIONS FOR PROSTATE-SPECIFIC ANTIGEN

Mr. Patient, to correctly evaluate the results we recommend:

- Previous fasting of 10 hrs.
- Sexual abstinence for one week before the extraction.
- Avoid constipation or diarrhea in the previous week. Not having performed in the prior week rectal examination or trans rectal ultrasound.
- Remaining seated for a long time or doing seated exercises (such as riding a horse or riding a bicycle) can modify the results.
- Attend during the extractions hours, Monday through Friday from 7:30 a.m. to 11:00 p.m.